




Neurodiversity Training Courses accredited by Thrive MS

Susan Hayward



Course	Duration	Ideal For	Key Learning Outcomes	Resources & Certifications
Neurodiversity Aware 	Guide: 1 - 1hr 15 mins, subject to questions 1-hour CPD	All employees or teams wanting to improve awareness and understanding No prior knowledge, skills or qualifications required. Maximum of 59 learners	<ul style="list-style-type: none"> - Introduction to neurodiversity and key conditions - Understand strengths and challenges - Reduce stigma and bias - Recognise signs that support may be needed - Promote everyday inclusion in the workplace 	<ul style="list-style-type: none"> - Course handouts and quick-reference guide - Neurodiversity Aware certificate of attendance
Neurodiversity Aware PLUS 	1hr 30 mins, subject to questions 1-hour CPD	All employees or teams wanting to improve awareness and understanding No prior knowledge, skills or qualifications required. 60 - 100 learners	<ul style="list-style-type: none"> - Introduction to neurodiversity and key conditions - Understand strengths and challenges - Reduce stigma and bias - Recognise signs that support may be needed - Promote everyday inclusion in the workplace 	<ul style="list-style-type: none"> - Course handouts and quick-reference guide - Neurodiversity Aware certificate of attendance
Neurodiversity in the Workplace – Champion Workshop 	4 hours 30 minutes 4.5 hours CPD	Workplace inclusion leads, HR professionals, wellbeing champions, and anyone wanting to promote neurodiversity actively A follow-on from the Neurodiversity Aware course. Maximum of 16 learners	<ul style="list-style-type: none"> - Understand the range of neurodivergent conditions and strengths - Recognise barriers faced by neurodivergent employees - Create inclusive policies and practices - Champion workplace adjustments and accessibility - Foster an open, supportive workplace culture 	<ul style="list-style-type: none"> - Course workbook and reference materials - Certificate of completion as a Neurodiversity Champion



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<p>Neurodiversity in the Workplace Champion PLUS Workshop</p> 	<p>6 – 6.5 hours 5.5 hours CPD</p>	<p>A combined Neurodiversity Aware AND Neurodiversity in the Workplace Champion, delivered as one course.</p> <p>Maximum of 16 learners</p>	<p>As above for both courses</p>	<ul style="list-style-type: none"> - Course handouts, quick-reference guide, course workbook and reference materials - Certificate of Completion Neurodiversity Champion
<p>Neurodiversity for Managers in the Workplace Workshop</p> 	<p>One full day (or two half-days) 8-hours CPD</p>	<p>Line managers, supervisors, and team leaders responsible for supporting staff. A follow-on from the Neurodiversity Aware course.</p>	<ul style="list-style-type: none"> - Understand the relationship between neurodiversity and performance - Spot signs that an employee may need adjustments - Conduct supportive, confident conversations - Implement reasonable adjustments effectively - Lead a neurodiverse-friendly team culture 	<ul style="list-style-type: none"> - Manager’s workbook and checklist - Certificate of completion for Neurodiversity for Managers Workshop